

# Preparing to do Battle

## From Ephesians 6

Father, with gratitude and praise I put on the **armor** you have provided, and as I do so, I trust you for protection against the spiritual forces of evil in the heavenly realms.

I will confidently stand firm with the **belt of truth** buckled around my waist. Help me to recognize Satan's subtle, deceiving ways, and believe, live, and speak only your truth.

Thank you for the **breastplate of righteousness** which you offer me, that righteousness which is mine through faith in Jesus' death on the cross. I call upon the righteousness of my Lord to be my protection and know that Satan must retreat from before the righteousness of God!

I also thank you for the **sandals of peace**. Not only do I need your peace to touch my emotions and every part of my life, but I will remember that you have not given me the spirit of fear, but of love, power, and of a sound mind.

Eagerly, Lord, I lift up the **shield of faith** against all of the flaming arrows of the evil one, knowing that you took the arrows of Satan, which I deserved. However, should your will allow any of those arrows to touch me I will look upon them as refining fires permitted for my growth and for your glory.

I recognize that my mind is a particular target of Satan's deceiving ways, and so cover my mind with the **helmet of salvation**. May it so cover my mind that I will think your thoughts, feel your love and compassion, and discern your will and leading in all things. May the salvation of my Lord meet and defeat all Satanic thoughts that come to my mind.

With joy, I take hold of the **sword of the spirit**, which is the Bible, the trustworthy, infallible Word of God. I choose to believe it and to live in its truth and power. And as I hide it in my heart, grant me proficient recall and skill in using it to defeat Satan, to push him back, and to win great victories for You.

And finally, thanks for **prayer!** I desire to pray at all times with the intensity that the Holy Spirit would give me, and will trust the Holy Spirit to intercede for me and through me to accomplish great things for the glory of God.

Amen

*(Remember, when you pray for something, there may be a period of time between confirmation of the answer and actually seeing it.)*